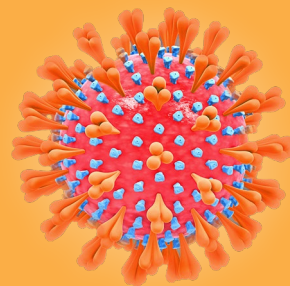


Coronavirus

Shielding



Keep extra safe

Coronavirus is more dangerous for some people who are **clinically extremely vulnerable**.

They must stay home as much as possible - this is called **shielding**.



Stay at home and avoid people



Do not meet anyone unless they are in your support bubble



Do not go out for work, education or shopping



You can get the vaccine soon



0808 196 3646

8am to 8pm, 7 days a week

**Get help for yourself
or someone you know
who is shielding**
0808 196 3646